

Lunch:\$3.25
Reduced:\$0.40
Extra Entree:\$2.00
Extra Milk:\$0.40
Extra Dressing:\$0.50
Extra F/V:\$0.75
Adult/Visitor:\$4.70

Central Middle School October 2025 Lunch Menu

Fresh fruits and veggies available daily on our salad bar
1% White and fat-free chocolate milk available daily



1
Mini Corn Dogs
Steamed Carrots
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

2
Beefy Nachos
Beef Taco Meat
Tortilla Chips
Refried Beans
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

3
**Chicken Alfredo &
Rotini Pasta**
Roasted Broccoli
Breadstick
Salad Bar
Deli Station
Cold Sandwiches,
Salads, Wraps
Grill Station
Variety of Hot
Sandwiches & Entrees

6
Popcorn Chicken
Steamed Green Beans
Breadstick
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

7
Pizza Dippers
Marinara Sauce
Steamed Sweet Peas
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

8
Chicken Nuggets
Mashed Potatoes
Gravy, Dinner Roll
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

9
Soft Shell Tacos
Beef Taco Meat
Black Beans
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

10
Cheeseburger
French Fries
Salad Bar
Deli Station
Cold Sandwiches,
Salads, Wraps
Grill Station
Variety of Hot
Sandwiches & Entrees

**taste the world:
your school lunch passport!**

13
French Toast Sticks
Egg Patty
Steamed Carrots
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees



14
Spaghetti & Meat Balls
Steamed Broccoli
Breadstick
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees



15
Chicken Teriyaki
Brown Rice
Steamed Sweet Peas
Fortune Cookie
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees



16
Walking Tacos
Beef Taco Meat
Refried Beans
Fritos
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees



No School

20
No School

21
Cheesy Garlic Bread
Marinara
Steamed Sweet Peas
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

22
Popcorn Chicken
Mashed Potatoes
Dinner Roll
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

23
Pulled Pork Nachos
Tortilla Chips
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

24
**Big Daddy Pepperoni
Pizza**
Steamed Carrots
Salad Bar
Deli Station
Cold Sandwiches,
Salads, Wraps
Grill Station
Variety of Hot
Sandwiches & Entrees

27
Chicken Patty on a Bun
Steamed Sweet Peas
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

28
**Sweet & Sour Chicken
Over LoMein Noodles**
Steamed Carrots
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

29
Hot Dogs
Baked Beans
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station Variety of Hot
Sandwiches & Entrees

30
Chicken & Gravy
Mashed Potatoes
Steamed Corn
Dinner Roll
Salad Bar
Deli Station
Cold Sandwiches, Salads,
Wraps
Grill Station
Variety of Hot Sandwiches &
Entrees

31
**Big Daddy Cheese
Pizza**
Steamed Mixed Veggies
Salad Bar
Deli Station
Cold Sandwiches,
Salads, Wraps
Grill Station
Variety of Hot
Sandwiches & Entrees