

Central Middle School Lunch Menu

May 2024

Fresh Vegetables and Seasonal Fruits Available Daily on the Fruit and Veggie Bar.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	1	2	3
		Beef Nachos BBQ Chicken Sandwich Turkey BLT Salad Deli Sandwich	Cheese Pizza BBQ Chicken Sandwich Turkey BLT Salad Deli Sandwich	Mini Corn Dogs BBQ Chicken Sandwich Turkey BLT Salad Deli Sandwich
		Steamed Corn Pepper Medley	Tossed Salad Peas & Carrots	Steamed Broccoli Tater Tots
		Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice
6	7	8	9	10
Chicken Nuggets w/Roll Hot Deli Sandwich Crispy Chicken Salad Deli Sandwich	Cheeseburger w/Chips Hot Deli Sandwich Crispy Chicken Salad Deli Sandwich	Meatballs & Gravy w/Roll Hot Deli Sandwich Crispy Chicken Salad Deli Sandwich	Pepperoni Pizza Hot Deli Sandwich Crispy Chicken Salad Deli Sandwich	Popcorn Chicken w/Roll Hot Deli Sandwich Crispy Chicken Salad Deli Sandwich
Steamed Green Beans Baby Carrots	Baked Beans Applesauce	Mashed Potatoes Mixed Vegetables	Caesar Salad Steamed Corn	Mixed Vegetables Celery Sticks
Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice
13	14	15	16	17
Crispy Chicken Sandwich Chef's Choice Garden Vegetable Salad Deli Sandwich	Mac & Cheese w/Roll Chef's Choice Garden Vegetable Salad Deli Sandwich	Pasta&Meat Sauce/Breadstick Chef's Choice Garden Vegetable Salad Deli Sandwich	Pizza Dippers w/Marinara Chef's Choice Garden Vegetable Salad Deli Sandwich	Teriyaki Chicken w/Rice Che's Choice Garden Vegetable Salad Deli Sandwich
Golden French Fries Baked Beans	Glazed Carrots Celery Sticks	Caesar salad Steamed Corn	Steamed Broccoli Pepper Medley	Mixed Vegetables Fortune Cookie
Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice
20	21	22	23	24
Popcorn Chicken w/Roll Chef's Choice Chicken Caesar Salad Deli Sandwich	Walking Taco Chef's Choice Chicken Caesar Salad Deli Sandwich	Italian Sub Chef's Choice Chicken Caesar Salad Deli Sandwich	Chicken Alfredo w/Breadstick Chef's Choice Chicken Caesar Salad Deli Sandwich	Cheeseburger on a Bun Chef's Choice Chicken Caesar Salad Deli Sandwich
Mashed Potatoes Steamed Corn	Refried Beans Applesauce	Kettle Potato Chips Mixed Vegetables	Steamed Green Beans Baby Carrots	Golden French Fries Celery Sticks
Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice
27	28	29	30	31
Memorial Day	Crispy Chicken Sandwich Chef's Choice	Chicken Nuggets w/Roll Chef's Choice	Cheeseburger on a Bun Chef's Choice Chocolate Ice Cream Cup	Mini Corn Dogs Kettle Potato Chips Baby Carrots
	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fruit and Veggie Bar Milk Choice	Fresh Apple Milk Choice

 Student
 \$3.20

 Reduced
 \$0.40

 Adult/Visitor
 \$4.65

 Milk
 \$0.40

 Extra Entree
 \$2.00

Milk choice of 1%, and chocolate skim is included with lunch.

For questions or comments, please contact the food service department at 262-673-8048 or seefeld@hjt1.org



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