



Panorama Student Survey (School-Level)

For the following questions, we are interested in learning more about how you think about your school. Please give us your honest opinions so that we can better understand your experience and work to make the school a better place.

Perceptions of School

In this first section, please give us your opinions about this school in general so that we can better understand your experiences.

1. How excited are you about going to your classes?

- Not at all excited
 Slightly excited
 Somewhat excited
 Quite excited
 Extremely excited

2. How interesting do you find the things you learn in your classes?

- Not at all interesting
 Slightly interesting
 Somewhat interesting
 Quite interesting
 Extremely interesting

3. How useful do you think school will be to you in the future?

- Not at all useful
 Slightly useful
 Somewhat useful
 Quite useful
 Extremely useful

4. In your classes, how eager are you to participate?

- Not at all eager
 Slightly eager
 Somewhat eager
 Quite eager
 Extremely eager

5. How important is it to you to do well in your classes?

- Not at all important
 Slightly important
 Somewhat important
 Quite important
 Extremely important

6. How often do you get so focused on activities in your classes that you lose track of time?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

7. How much do you see yourself as someone who appreciates school?

- Not at all
 A little bit
 Somewhat
 Quite a bit
 A tremendous amount

8. When you are not in school, how often do you talk about ideas from your classes?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

9. How often do you use ideas from school in your daily life?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always



10. Overall, how interested are you in your classes?

Not at all interested

Slightly interested

Somewhat interested

Quite interested

Extremely interested

Feelings About Being at School

In this section, we would like to understand how you feel about your school overall.

11. How connected do you feel to the adults at your school?

Not at all connected

Slightly connected

Somewhat connected

Quite connected

Extremely connected

12. How well do people at your school understand you as a person?

Do not understand at all

Understand a little

Understand somewhat

Understand quite a bit

Completely understand

13. How much do you matter to others at this school?

Do not matter at all

Matter a little bit

Matter somewhat

Matter quite a bit

Matter a tremendous amount

14. How much respect do students in your school show you?

No respect at all

A little bit of respect

Some respect

Quite a bit of respect

A tremendous amount of respect

15. Overall, how much do you feel like you belong at your school?

Do not belong at all

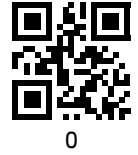
Belong a little bit

Belong somewhat

Belong quite a bit

Completely belong

16. What additional help do you need to be successful this year?



Panorama Social-Emotional Learning: Student Competency & Well-Being Measures

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

Your Current Classes

Please tell us about how you feel about your current teachers and classes.

1. How confident are you that you can complete all the work that is assigned in your classes?

- Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

2. When complicated ideas are presented in class, how confident are you that you can understand them?

- Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

3. How confident are you that you can learn all the material presented in your classes?

- Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

4. How confident are you that you can do the hardest work that is assigned in your classes?

- Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

5. How confident are you that you will remember what you learned in your current classes, next year?

- Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

Performance in School

Whether a person does well or poorly in school may depend on a lot of different things. You may feel that some of these things are easier for you to change than others. **In school, how possible is it for you to change:**

6. Being talented

- Not at all possible to change
 A little possible to change
 Somewhat possible to change
 Quite possible to change
 Completely possible to change

7. Putting forth a lot of effort

- Not at all possible to change
 A little possible to change
 Somewhat possible to change
 Quite possible to change
 Completely possible to change

8. Behaving well in class

- Not at all possible to change
 A little possible to change
 Somewhat possible to change
 Quite possible to change
 Completely possible to change



9. Liking the subject

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

10. How easily you give up

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

11. Your level of intelligence

Not at all possible to change

A little possible to change

Somewhat possible to change

Quite possible to change

Completely possible to change

Your Behavior

Please answer the following questions about how you respond to different situations. During the past 30 days...

12. How carefully did you listen to other people's points of view?

Not carefully at all

Slightly carefully

Somewhat carefully

Quite carefully

Extremely carefully

13. How often did you come to class prepared?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

14. How much did you care about other people's feelings?

Did not care at all

Cared a little bit

Cared somewhat

Cared quite a bit

Cared a tremendous amount

15. How often did you follow directions in class?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

16. How well did you get along with students who are different from you?

Did not get along at all

Got along a little bit

Got along somewhat

Got along pretty well

Got along extremely well

17. How often did you get your work done right away, instead of waiting until the last minute?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

18. How often were you polite to adults?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time



19. How often did you compliment others' accomplishments?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

20. How often did you pay attention and resist distractions?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

21. How clearly were you able to describe your feelings?

Not at all clearly

Slightly clearly

Somewhat clearly

Quite clearly

Extremely clearly

22. When you were working independently, how often did you stay focused?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

23. When others disagreed with you, how respectful were you of their views?

Not at all respectful

Slightly respectful

Somewhat respectful

Quite respectful

Extremely respectful

24. How often did you remain calm, even when someone was bothering you or saying bad things?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

25. To what extent were you able to stand up for yourself without putting others down?

Not at all

A little bit

Somewhat

Quite a bit

A tremendous amount

26. How often did you allow others to speak without interruption?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

27. To what extent were you able to disagree with others without starting an argument?

Not at all

A little bit

Somewhat

Quite a bit

A tremendous amount

28. How often were you polite to other students?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time

29. How often did you keep your temper in check?

Almost never

Once in a while

Sometimes

Frequently

Almost all the time



Feelings in General

In this section, we are hoping to learn how you experience different emotions that may occur in your life (whether inside or outside of school).

30. When you are feeling pressured, how easily can you stay in control?

- Not easily at all
 Slightly easily
 Somewhat easily
 Quite easily
 Extremely easily

31. How often are you able to pull yourself out of a bad mood?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

32. When everybody around you gets angry, how relaxed can you stay?

- Not relaxed at all
 Slightly relaxed
 Somewhat relaxed
 Quite relaxed
 Extremely relaxed

33. How often are you able to control your emotions when you need to?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

34. Once you get upset, how often can you get yourself to relax?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost always

35. When things go wrong for you, how calm are you able to remain?

- Not calm at all
 Slightly calm
 Somewhat calm
 Quite calm
 Extremely calm